

Helpful Tips

Race Day:

- Packet Pickup begins at 6:30am.
- There will be buses to transport you back to the starting line.
- Dogs are allowed during the race, but they must have a leash on at all times. If your pet causes concern or endangerment, you will be asked to take them off the race grounds.
- Parking on race day is allowed in the church parking lot on the south side & around the back. Parking is also allowed in the lot across the street from the church.
- Race Results will be posted after the race has finished and everyone has made it back to the starting line. Once the race has commenced you will find your results at the registration table. You can also find your time posted in the Fort Worth Star Telegram and the Dallas Morning News, Sunday May 27th.

Other Race Information:

- Packet Pickup will be held at Arborlawn United Methodist Church Friday prior to Race Day.
- A map of the course, along with other information can be found at www.firemens5k.com
- Teams are allowed in the race, but do not receive a discount for registering. Rates apply to all.
- Make all checks payable to Firemen's 5K.
- You can register for the race by going to www.athlete360.com or mailing the entry form in this brochure to Firemen's 5k P.O. Box 10249, Fort Worth, TX 76114. Register in person Friday May 25 at Arborlawn United Methodist Church.

20th Annual Firemen's 5K



& Half Marathon

Saturday, May 26, 2018

In memory of fallen
Fort Worth Firefighters

**Phillip Dean
and
Brian Collins**

Benefiting
The Firemen's 5K Scholarship Fund,
The Compassionate Friends,
and The WARM Place



Brian William Collins
January 28, 1964–
February 15, 1999



Phillip Wayne Dean
May 21, 1969–
February 15, 1999

The Firemen's 5K, a nonprofit 501(c)(3), was established in 1999 by Gary Stevenson in memory of the firefighters who lost their lives while fighting a church fire in Lake Worth, Texas.

The race benefits two grief support organizations, The Compassionate Friends and The WARM Place. In 2014, the Firemen's 5K Scholarship fund was established for graduating seniors of Castleberry High School and children of Fort Worth and River Oaks Firemen.

The Firemen's 5K is a way to give back to the community who so generously supported the families after the death of these young men. The tradition continues to honor Brian and Phillip and the great men and women who risk their lives on a daily basis to keep others safe.

When

Saturday, May 26, 2018

7:15am Half Marathon

8:00am 5K

Where

Arborlawn United Methodist Church
5001 Briarhaven Fort Worth, Texas 76109
(behind Fort Worth Public Library on Hulen)

Entry Fees

5K

\$25 before 4/28/18

\$30 after 4/28/18

\$35 race day

Half Marathon (Capped at 200 Runners)

\$50 before 4/28/18

\$55 after 4/28/18

\$60 race day

Information

www.firemens5k.com

817.819.5530

Email: info@firemens5k.com

Benefiting

Firemen's 5K 501(c)(3) Scholarship Fund
The Compassionate Friends
The WARM Place

Course

USATF certification point-to-point downhill course. (5K)

Awards

Overall Male & Female; Overall Master Male & Female; Male & Female Runners: 8 & under; 9-11; 12-14; 15-19; 20-24; 25-29; 30-34; 35-39 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75+.

Awards are awarded three deep in each age group for the 5K & Half Marathon.

All finishers in the Half Marathon will receive finishers medals.

Registration

Register online at www.athlete360.com or pre-register by mail, postmarked by April 28, 2018 to receive early registration fee, by sending entry form and fee.

Send entry form & fee to:

Firemen's 5K & Half Marathon

PO Box 10249
Fort Worth, Texas 76114
OR

Register in person and packet pickup:
Friday, May 25, 10 am to 7 pm
at
Arborlawn United Methodist Church
5001 Briarhaven
Fort Worth, Texas 76109

Race Day Registration

6:00 am to 7:45 am

Arborlawn United Methodist Church
5001 Briarhaven
Fort Worth, Texas 76109

Transportation

Buses will return runners to the starting area after they complete the run.

T-Shirts

Guaranteed to Pre-Registered Runners.

RACE #:

OFFICIAL ENTRY FORM

Date of Birth: ___/___/_____

First Name: _____

Last Name: _____

Age: _____ Sex: M F

Email: _____

Phone: _____

Address: _____

Circle one: 5K Half Marathon

T-shirt Size: S M L XL XXL (\$2 extra)

Youth 10-12 Youth 14-16

Waiver Statement (entry invalid if not signed):

I assume full and complete responsibility for any injury or accident which may occur to me during the race, or while I am on the premises of the event, and I hereby release and hold harmless the Firemen's 5K, Cox Racing, the sponsors, promoters, all other persons and entities associated with the event or their agents or employees or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. I understand that fees are not refundable and that bikes, skateboards, skates or glass are not allowed.

Entrant's Signature- If under 18 years of age, must have signature of parent or guardian.

NO REFUNDS